



CHEER INFINITY ALLSTARS PREP TEAM HANDBOOK



Welcome to Cheer Infinity! We are so happy that you have chosen to be a part of our family. Our mission is to build self-confident, self-disciplined, team-oriented and loyal athletes. At Cheer Infinity we value sportsmanship, dedication, integrity, and development of the cheerleader both on and off the mat. In this handbook you will find information on the sign up process, financial obligations, athlete and parent policies, and important dates. Please read this handbook in its entirety prior to tryouts.

Try Out Check List:

- New Customers (register online under Allstars)
- Returning Members Login into your client portal to re-sign policies (View the last page of this handbook under “additional information” for more details on the Client Portal)

The Below items are to be turned into the front desk:

- Copy of Birth Certificate for new athletes
- \$70 Registration Fee, \$80 October Tuition
- Single or Double Competitor Price List (Fill out both if you aren't sure)
- Evaluation Page with just the top filled out
- Last Page of Handbook
- Buyout contract

**A CREDIT CARD/DEBIT CARD OR VOIDED CHECK IS
REQUIRED TO BE ON FILE.**

****All paper work and monies are due the first day of tryouts.**





USASF GUIDELINES FOR TRY-OUTS

Age:

Age eligibility for the season is determined by your age as of August 31, 2017.

TINY	5 - 6 Years Old Female/Male
MINI	5 - 8 Years Old Female/Male
YOUTH	5 - 11 Years Old Female/Male
JUNIOR	5 - 14 Years Old Female/Male
SENIOR	10 - 18 Years Old Female/Male

Tumbling Skills Levels:

Level	Standing Tumbling	Running Tumbling
Level 1	Forward Roll Front/Back Walkover	Cartwheel Round off Back Walkover
Level 2	Back Handspring Back Walkover Back Handspring	Round off Back Handspring(s) & Combos
Level 3	Standing 3X Back Handsprings Jumps to Back Handsprings	Round off Tuck Round off BHS Tuck Punch Front

Placement:

There may be athletes on any given team that tumble at a different level than the rest of their teammates. We try to match up the athletes by level as best we can, but please remember that stunting, pyramids, jumps, dance, motions, age, mentality, dedication, attitude and work ethic are huge factors as well. Some will be stronger tumblers than others. Some will contribute more with stunts than others. We chose our team based on the positions that we need to fill (Bases, flyers, tumblers, etc.) Every athlete is on the team for a reason - Please trust the staff. Our decisions are made on what is best for the ENTIRE program as well as the athlete.

PROGRAM COSTS OVERVIEW

Registration	\$70 (Includes USASF CRED. Fee (\$30), Cheer Infinity annual membership (\$40) and 1 T-shirt)
Monthly Tuition	<p>\$80 This includes one 2 Hour PRACTICE EACH WEEK</p> <p>A \$15.00 Discount per sibling is also given for Monthly Prep Team Tuition. Monthly Tuition will only be charged from October 2017 - March 2018. Pay full season Tuition up front and deduct 5% off your total!! Discount is only on Tuition</p>
Practice Wear	N/A
Choreography Fee	\$200 for 1 team, \$250 for 2 teams
Uniform/Bow	The uniform and bow will come together for \$150.
Warm-Up	N/A
Competition Fees	Made in installments from December - March
Tumbling	1 Hour of tumbling outside of practice in a tumbling class is optional for \$50.00 (\$10 off regular price)

PROGRAM POLICIES

1. If you have a question or concern about your team or child please contact Coach Mike via email. If it is necessary he will make an appointment to speak with you directly. Coaches cannot stop practices to meet with parent. This is unfair to team.
2. Do not call or text the staff on their personal phones unless it is an emergency! The staff needs to have their personal time away from work. Again, if you need to speak with them, please email them to set up a meeting time or give the front desk a message to give to them. Thank you in advance for respecting this rule.
3. No one is allowed to yell onto the floor, make contact through the viewing room window, or come out onto the floor! You will be asked to leave if you do so. If you need a student please see the front desk for assistance.
4. DO NOT GOSSIP or spread negative thoughts or words about the gym, a team, a coach, a parent, a child. This will not be tolerated and we will dismiss a child and their parent from our program for doing so. This is toxic to our environment and to the development of the children here. If you cannot refrain yourself from doing so, please do not come to the gym.
5. Attitude is everything. If an athlete or a parent has a foul attitude, we will place him/her to a non- competitive program, such as a class, until improvements are made. Until then, a replacement will be put in position. We reserve the right to remove immediately an athlete/parent from the program if the parent or child is aggressive, states misleading or false information, is being malicious, deceiving, underhanded, threatening, defaming, etc. This type of behavior is not tolerated and is toxic to a learning environment for children. No refunds are given to anyone who is dismissed from the program due to poor behavior or non-payment.
6. Do not post negative comments; either direct or underlying about Cheer Infinity, it's coaches, athletes, etc. We understand that most people think it is okay to use Facebook to vent, but we will not tolerate this whether it is direct or indirect, if you are a part of our program and we will dismiss the entire family. We need to help our kids understand that a public forum is not the place for this. Once you put it out there, you can't take it back.
7. **You cannot create or sell your own CIA clothing or CIA items. Our name and LOGO is copyrighted. All ideas for apparel must be emailed and approved by Management.**
8. If an injury should occur, it is the responsibility of the parent to seek professional help. Each athlete must have his/her own medical insurance. After seeing a

physician, please provide Cheer Infinity Allstars with an evaluation of the athletes injury/status. A release from a doctor is required if a serious injury should occur.

9. All athletes are placed on a team at the discretion of the coaches. Age, experience & ability all factor into placement. Please understand that athletes may be repositioned, moved or replaced at any time at the discretion of the coaches. Any changes are made to benefit the team as a whole.
 - If parents and students are not patient and have a clear understanding of our teaching methods, they should not be cheering at Cheer Infinity Allstars.
 - It is the coach's discretion if a skill is perfected and competition ready.
 - Athletes selected as flyers must maintain flexibility and skill requirements. If a flyer cannot handle this position they will have to learn an alternate position or moved to another team.
 - The coaches reserve the right to request that an athlete take an additional class or private depending on what they may need extra help with.
10. Please keep Uniform in good condition. Please report any lost damaged uniform items to your coach. The cost of replacement will be the responsibility of the cheerleader.
11. **Absences:** Attendance is crucial to team success. If an Absence is going to be made the FRONT DESK MUST be informed and your head coach will need to clear the absence. Just telling the coach may cause confusion, as they cannot keep in memory everyone's affairs. The front desk documents all absences and reasons. You will be allowed 1 personal miss, 1 non-noted excused absences, and 2 excused absences for the season... Any absences after that will result in dismissal. **No refund will be issued. No practice can be missed two weeks prior to competition. This will result in replacement and may result in dismissal. Everyone is required to attend competition. Failure to do so will result in dismissal from the program.**

Excused Absences: *Contagious Illness *School function affecting grade
*Death in the family

Unexcused Absences: *School dance *Traffic *Too much homework
*Feeling tired *Don't have a ride etc.

12. **Vacations:** Vacations are not permitted during competition season, unless the gym is closed and the athlete has already cleared it with their coaches. These will be considered unexcused absences. Also, If possible, schedule your vacations during our closing dates. Summer practices are very important to the improvement of skill and are required. Please make every effort to be at all practices. **Choreography Camp is mandatory.**
13. Anyone threatening to quit or pull his or her child from the program will be dismissed immediately.
14. **Discipline:** If any of the above rules are compromised, the following actions may occur: Warning: A meeting with the athlete defining the problem and/or a meeting with the athlete & the parent(s). Dismissal (Warned or Immediate) The athlete may be removed from the team or entire program and No refunds will be given.

*Some infractions or violations of these rules we will serve a warning depending on the degree of the rule and the violation. We try our best to create a positive learning environment for everyone. We will be as gracious as we can be while trying to be fair to everyone, but some things we simply will not tolerate, including but not limited to negative, aggressive, malicious behavior. There will be 0 tolerance.

Buyout Contract

I understand that all payments are nonrefundable. I also understand that, Payments are never prorated or refunded, including cases of illness/injury, sitting out, joining late, or leaving early. I further understand that if my child leaves the Allstar Prep program prior to the completion of the season I forfeit all payments and will be charged a \$300 buyout fee.

Signature _____

Printed Name: _____ Date: _____





Viewing Area & Gym Area

1. Review all Communication Rules.
2. Siblings of athletes cannot come inside the gym and watch practice unattended. An adult in the viewing room must supervise them. We don't baby-sit.
3. Do not bring items of value to the gym. CIA is not responsible for lost or stolen items.
4. The only people allowed in the gym are staff members and athletes that are on the Team Rosters. Parents, friends, relatives and siblings must remain in the viewing room.
5. Coaches/Directors reserve the right to close practices at any time. This only occurs if the viewing room becomes negative or distracting.
6. No profanity or rude language.
7. If a parent or anyone is observed speaking negatively about a team, coach, parent, or cheerleader, he/she will be talked to and/or asked to leave. If this kind of behavior continues to be an issue, the child will have to be removed from the team. We will not tolerate this type of conduct. If a parent verbally assaults or threatens a student, coach or parent, the family will be dismissed from the program.
8. Do not bring animals into the gym. Some of our customers have pet allergies. Please be respectful and refrain from bringing in any animals.

Practice & Class Times

1. All cell phones must be turned off once practice starts.
2. All clothing and belongings must be stored in the cubbies, not thrown on the floor & label your child's practice wear
3. A dress code is enforced. Athletes will have scheduled practice wear.
4. Always set an example. Good sportsmanship, positive conduct and professionalism at all competitions and practices. Integrity!

5. If you are late or dressed incorrectly, you will condition/jump after practice. This will be implemented every practice!
6. Anyone threatening to quit will be asked to leave immediately. No refund will be given.
7. Absences must be given to the front desk. See Absence Policy for additional information
8. Withholding your child from practice cannot be used as a form of discipline. This is unfair to the rest of the team.
9. Remove All Piercings. If you chose to wear stud earrings you do so at your own risk. We are not responsible for damages incurred to athletes who do not adhere to the no jewelry policy. We are not responsible for lost or stolen items.
10. Practice schedules can change. We will add practices before a competition if needed.
11. Any emergency extra practice scheduled 2 weeks in advance is mandatory and must be attended by all team members.

Communication

1. As a parent, you will receive information in several ways, such as, monthly newsletters and emails from your coach or Team Mom. Check **www.cheerinfinityallstars.com** and your emails often.
2. It is the parents and students responsibility to stay informed. We will do the majority of our communications through our website and emails. It is also the responsibility of the parent to inform the front desk and the team mom of any email changes.

Team Mom

1. A team mom will be assigned to each team. The team mom will assist in helping with communication between the coaches and the parents. They will keep updated contact information such as phone numbers and emails for their team and send out information to parents/guardians such as itineraries, scheduled practice information, events, team bonding information, meeting time locations at competitions, schedule changes, etc. Team moms will also help at competitions by making sure athletes return safely to their parents.

2. Team moms will also work with the booster club and help organize at least one fundraising opportunity for their team.
3. All t-shirt approvals, logo uses, and team ideas must be submitted to management by the team mom.

Payments

1. A schedule of payments is listed in this handbook. All monthly fees are due the 1st of the month. All fees will be drafted on the appropriate dates unless balance is paid prior to 1st. Please make all payments to the front desk. You will receive a monthly statement of your account with all payments listed. Please keep all copies in the event of a question or a discrepancy. Please make all checks payable to Cheer Infinity Allstars or CIA. A late fee of \$15 will be assessed for drafts that do not process after the 5th and are not paid by the 15th. You may pay by cash, check, credit card or money order. Parents and responsible adults will be asked to sign a financial contract. Each person signing the contract will be responsible for keeping his/her child's account current.
2. If an account becomes 30 days behind we will begin the process of handing your account over to Financial Data Systems, which is a collection agency.
3. **Monthly Tuition cannot be pro-rated for any reason. Tuition, Choreography, Camp and Nationals fees are non-refundable.**
4. Fundraising is available. The Cheer Infinity Allstars Booster Club holds annual and regular fundraising events throughout the season. Please contact Booster Club representative for more details. The booster club is a separate entity from Cheer Infinity Allstars.
5. Should a child quit, become injured or be removed from a team no refunds will be given. Once competition fees are paid we will replace the removed or injured child with a fill in from another team.



Traveling

1. All transportation/accommodations to local competitions are solely the responsibility of each family. We will make every effort to provide information in a timely manner.

**** STAY TO PLAY****

This is a policy enforced by certain event producers requiring that all participating athletes register for housing through Tournament Housing Services. The Stay to Play events will be marked on the Master Competition List provided in this handbook.

2. When you are attending any event with Cheer Infinity all of the same rules apply. You are going as a representative of our program.
3. Your dedication and support is just important to us as your child's! Parents are encouraged to show support by wearing Cheer Infinity Allstars Clothing to competitions. We encourage all parents to sit together and support all CIA teams. Showing respect for the coaching staff, other teams and hosting organizations is expected, as you are their representing Cheer Infinity Allstars and your child.
4. Families are responsible for bringing their uniform, bows, make-up, shoes, t-shirts, warm-ups and any additional items listed on the itinerary to competitions
5. Full warm-ups are required and to be worn at the awards ceremony.
6. Competitions are mandatory for everyone! If a competition is missed it will result in immediate dismissal of the program. No refund will be given.
7. All athletes are required to wear the appropriate hair and makeup to competition. Failure to do so may result in dismissal from the program.



2017-2018 Evaluation Form

Tryout Number _____

Athlete's Name _____ Age as of 8-31-17 _____ Gender: _____

I AM/AM NOT interested in cross competing on two teams (circle one).

Cross competitors will be responsible for additional competition fees. All members will compete on the team the coaches see fit. Athletes will be chosen to compete on a team as the coaches see fit. Athletes will be chosen to cross compete ONLY if the coaches agree on the position. Circling this does not guarantee an athlete will be on two teams.

Please list any dates that you know you will be absent This Section Below Should be Filled Out By Staff ONLY

Level 1	Level 2	Level 3	Level 4	Level 5
Y N Forward Roll	Y N BHS	Y N Standing 3 BHS	Y N Standing Tuck	Y N Standing to Full
Y N Cartwheel	Y N Round off BHS	Y N Toe Touch BHS	Y N BHS Tuck	Y N 3 Jumps Tuck
Y N Round-off	Y N BHS Step-out thru to BHS	Y N R/O BHS Tuck	Y N 2 BHS Layout	Y N R/O BHS Full
Y N Back Walkover	Y N F. Walkover thru to BHS	Y N Punch Front	Y N R/O BHS Layout or Layout Step-out	Y N R/O BHS Double
Y N Front Walkover	Y N Back Walkover BHS	Y N Combination thru to Tuck	Y N Whip or Punch front thru to Layout	Y N Combo thru to full

TumblingStunt (Age Bracket #1 _____ Position _____)

Level 1	Level 2	Level 3	Level 4	Level 5
Y N Prep	Y N Extension	Y N Ground up Lib	Y N 720 from Prep	Y N 720 from 1 leg
Y N Straight Cradle	Y N Prep level 1 leg	Y N Full Twist Cradle	Y N Extended 360 from 1 leg	Y N Full up to 1 leg
Y N Single Base	Y N Two Men	Y N Full up Elevator	Y N Full up Extension	Y N 1.5 up to Platform
Y N Extended TB	Y N 1/2 up to 1 leg (P)	Y N 1/2 up to 1 leg (E)	Y N Switch up 1 leg (E)	Y N Tic Toc Extended

Flyer Body Positions: +/- Heel stretch +/- Scorpion +/- Scale +/- Arabesque +/- Bow-n-Arrow

(Age Bracket #2 _____ Position _____)

Level 1	Level 2	Level 3	Level 4	Level 5
Y N Prep	Y N Extension	Y N Ground up Lib	Y N 720 from Prep	Y N 720 from 1 leg
Y N Straight Cradle	Y N Prep level 1 leg	Y N Full Twist Cradle	Y N Extended 360 from 1 leg	Y N Full up to 1 leg
Y N Single Base	Y N Two Man	Y N Full up Elevator	Y N Full up Extension	Y N 1.5 up to Platform
Y N Extended TB	Y N 1/2 up to 1 leg	Y N 1/2 up 1 leg (E)	Y N Switch up 1 leg (E)	Y N Tic Toc Extended

Jumps

Level 1	Level 2	Level 3	Level 4	Level 5
Y N Pike/Hurdler/Toe	Y N Pike/Hurdler/Toe Fwd Roll	Y N Pike/Hurdler/Toe 2 BHS	Y N Pike/Hurdler/Toe BHS Tuck	Y N Pike/Hurdler/ Toe Tuck

Single Competitor

October 1 st , 2017	Tuition + Registration + USASF Registration+ Choreography Fee \$80 + \$40 + \$30 + \$72	\$222
November 1 st , 2017	Tuition + Choreography Fee + Uniform \$80 + \$128 + \$14	\$222
December 1 st , 2017	Tuition + Uniform + Competition Fee \$80 + \$136 + \$6	\$222
January 1 st , 2017	Tuition + Competition Fee \$80 + \$142	\$222
February 1 st , 2017	Tuition + Competition Fee \$80 + \$142	\$222
March 1 st , 2017	Tuition+ Competition Fee \$80 + \$142	\$222

Uniform and Bow: \$150.00

Shoes: Recommended: order a pair of Nfinity brand cheer shoes on your own as soon as possible. These shoes are made specifically for the spring floor that the athletes will compete on. You can search the net for deals and to order these shoes. Please purchase these styles of the Nfinity shoes only: *Titans, Evolution, Vengeance, Passion, Defiance, and Phoenix*. Some sites you will want to try are: teamcheer.com, nfinity.com, eBay.com, and amazon.com. You can also try searching Google.

Make-up: TBA

Payment Terms: Payment is due in full at the above dates listed. If Payments are not made before the 1st of the month, the card on file will be drafted the amount of payment owed. Payments remaining unpaid more than fifteen (15) days from required payment shall be subject to late payment charges consistent with applicable law. Cheer Infinity Allstars may suspend students for non-payment of more then 30 days from payment date. At which time payments along with fees must be paid to continue. If an account is behind 30 days Cheer Infinity will begin the process of turning over the account to it's contracted collection agent. If any court cost are associated with collection of amounts owed, the customer will be responsible for payment of those court costs.

_____ (Signature of Parent/Guardian) _____ Date

Double Competitor

October 1 st , 2017	Tuition + Registration + USASF Registration+ Choreography Fee \$80 + \$40 + \$30 + \$130	\$280
November 1 st , 2017	Tuition + Choreography Fee + Uniform \$80 + \$120 + \$80	\$280
December 1 st , 2017	Tuition + Uniform Balance + Competition Fee \$80 + \$70 + \$130	\$280
January 1 st , 2017	Tuition + Competition Fee \$80 + \$200	\$280
February 1 st , 2017	Tuition + Competition Fee \$80 + \$200	\$280
March 1 st , 2017	Tuition+ Competition Fee \$80 + \$200	\$280

Uniform and Bow \$150.00





Shoes: Recommended: order a pair of Nfinity brand cheer shoes on your own as soon as possible. These shoes are made specifically for the spring floor that the athletes will compete on. You can search the net for deals and to order these shoes. Please purchase these styles of the Nfinity shoes only: *Titans, Evolution, Vengeance, Passion, Defiance, and Phoenix*. Some sites you will want to try are: teamcheer.com, nfinity.com, eBay.com, and amazon.com. You can also try searching Google.

Make-up: TBA

Payment Terms: Payment is due in full at the above dates listed. If Payments are not made before the 1st of the month, the card on file will be drafted the amount of payment owed. Payments remaining unpaid more than fifteen (15) days from required payment shall be subject to late payment charges consistent with applicable law. Cheer Infinity Allstars may suspend students for non-payment of more then 30 days from payment date. At which time payments along with fees must be paid to continue. If an account is behind 30 days Cheer Infinity will begin the process of turning over the account to it's contracted collection agent. If any court cost are associated with collection of amounts owed, the customer will be responsible for payment of those court costs.

_____ (Signature of Parent/Guardian) _____ Date

Master Competition List

Date	Competition	Event Location	Teams Attending	Stay to Play?
January 27 th -28 th 2018		Queen of the Nile Raleigh Convention Center 500 S. Salisbury Street Raleigh, NC 27601	ALL	Go to thsweb.com below the login you will see "Select Sport" click the drop down to choose "Cheer/Dance" Also "Select tournament" click the drop down to say "Allstar Challenge-Queen of the Nile" Follow the instructions to book your hotel
February 3 rd 2018		Port City Challenge JT Hoggard High School 4305 Shipyard Blvd Wilmington, NC 28403	ALL	NO
February TBD		Sweetheart Classic Dean Smith Center 300 Skipper Bowles Dr. Chapel Hill, NC 27514	ALL	NO
March 17 th -18 th 2018		Cheer Ltd Nationals Myrtle Beach Convention Center 2101 N. Oak Street Myrtle Beach, SC 29577	ALL	Go to thsweb.com below the login you will see "Select Sport" click the drop down to choose "Cheer/Dance" Also "Select tournament" click the drop down to say "Canam Nationals" Follow the instructions to book your hotel

Master Competition List

Important Dates

Allstar Choreography Camp	October 28 th & 29 th November 4 th & 5 th	Dates along with times will be assigned and posted when final team rosters are made.
Extra Practices	November 11 th December ? January 6 th & 20 th February 24 th	Team 1 — 9:30am-11:00am Team 2 — 11:30am-1:00pm Team 3 & 4 — 1:30pm-3:00pm Team 5 - 3:00pm — 4:30pm
Gym Closings	November 22 nd -26 th Dec 18 th - Jan 1 st	Thanksgiving Break Christmas Break
Sizing Dates	October 8 th	**This is for uniform sizing and will be done before and during practice for those that can't make it before practice time!

Additional Information

Client Portal: If you are already a registered member at Cheer Infinity you can login into your client portal by clicking "Client Portal" on the home screen. Use your email address that we have on file as your login username. Then click "Forgot password or need to get started." We will send you a temporary password that you may change once in the system. Inside the client portal you may change things like your email address, update your registration information, make payments and much more.

Flip-N-Fun Camp: Recommended: This is an optional camp that we hold each summer. Flip-N-Fun is a 5 day camp from 8:30am-4pm. Monday - Tumbling instruction, free play, and games. Tuesday - Tumbling instruction, games and Jellybeans Skating (included in price). Wednesday - Tumbling instruction, free play, and games. Thursday or Friday depending on the weather - Jungle Rapids water park. Friday - Tumbling instruction and special surprise. Further details are given at the time customers register for Flip-N-Fun.



Please fill out this page of handbook and bring to evaluation

NAME OF CHEERLEADER: _____

Championship Prizes

Some competitions give t-shirts, jackets, or hoodies to there champion teams. We will need to have a list ready to bring the competitions. Please keep in mind that your child might grow through the year. We like to tell people to order jacket and hoodie sizes one size bigger than what you wear normally to allow for growing room.

T-Shirt Size (Please circle one size):

YS YM YL AS AM AL AXL AXXL

Jacket Size (Please circle one size):

YS YM YL AS AM AL AXL AXXL

Hoodie Size (Please circle one size):

YS YM YL AS AM AL AXL AXXL

IBUPROFEN AT THE GYM

During the course of the year it is likely that your child may have a headache during practice. Some children experience headaches more than others. We always call the parents to ask for verbal permission to administer medicine to the child. Please check one of the following options:

Please call me to ask my permission to give ibuprofen to my child. I understand that if my child is experiencing a headache and I cannot be reached that Cheer Infinity will not give my child any ibuprofen until my permission is given.

_____, give my permission for Cheer Infinity Allstars to administer ibuprofen to my child without my verbal consent. I understand that Cheer Infinity Allstars will not give more than one dose of ibuprofen to my child unless otherwise permitted by a parent/guardian. My permitted dosage of ibuprofen to my child is ____mg.

Parent Signature _____ Date: _____

Handbook

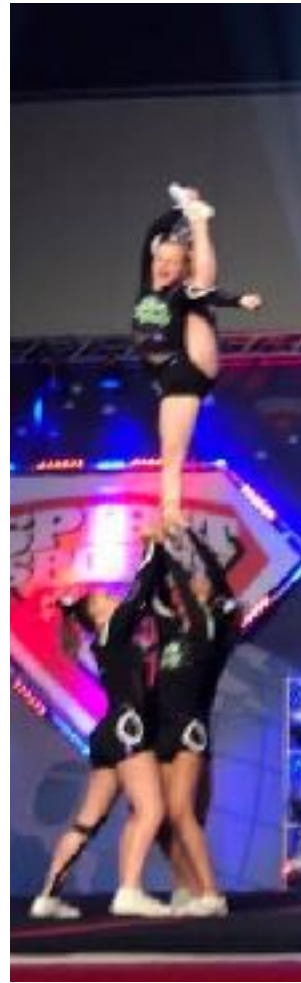
By signing below I acknowledge that I have read the Cheer Infinity Allstars handbook and I understand and will uphold the rules stated. These rules include but are not limited to:

1. Making on time payments on my account. I understand that if my account becomes more then 60 days past due that my child will be replaced, will have to sit out, or will be dismissed from the _____ program. And that no refunds will be given and I will have to pay my balance.
2. I will always show good sportsmanship to Cheer Infinity, the staff, parents, and children within our _____ program. If I do not then I may be asked to leave the program or not be allowed to view my child _____ during practices.
3. I will be on time for competition meet times performance ready. I further state that I have read all athlete and parent policies in their entirety and agree to allow my child to participate in Cheer _____ Infinity Allstars.

Parent Signature _____ Date: _____

Please fill out this page of handbook and bring to evaluation

Cheer Infinity Allstars Prep Team



What are PREP TEAMS?

Prep teams are a popular alternative to full year competitive cheer. Prep teams offer the same experiences as full year competitive cheer, all while maintaining a more manageable practice schedule, and a much lower financial commitment.

Prep Team Quick Facts:

- Prep team signups will be August - September and will begin practicing in October.
- Prep teams will attend 4 competitions during the season
- Prep teams will practice once a week and all practices are mandatory.
- Prep teams will not be required to purchase gym practice wear or Warmup and will use a less expensive uniform for competition.
- **Prep Team members need to get into a tumbling class, stunt class and or stretch class until October when teams start!**

If you have any questions please email Mike@cheerinfinityallstars.com